Table 5

*Study 2: Changes in outcome measures for PTSD iCBT in routine community care*

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Pre-treatment** | | **Mid-treatment** | | **Post-treatment** | | **Pre-post within-group differences** | | | |
|  | EMM | *SD* | EMM | *SD* | EMM | *SD* |  | *t* | *r* | *g* (95% CI) |
| **Study 2** |  |  |  | |  |  |  |  |  |  |
| PCL-5 | 42.99 | 18.59 | 36.30 | 17.08 | 29.92 | 16.48 |  | 7.16\*\*\* | .66 | .72 (.41- 1.03) |
| K10 | 29.84 | 8.88 | 26.29 | 8.06 | 23.69 | 7.44 |  | 8.86\*\*\* | .64 | .93 (.61- 1.24) |
| PHQ-9 | 13.97 | 7.07 | 11.41 | 6.71 | 9.41 | 6.41 |  | 6.26\*\*\* | .57 | .71 (.40- 1.02) |

*Notes.* PCL-5= PTSD Checklist for DSM-5; K10= Kessler Psychological Distress Scale; PHQ-9=Patient Health Questionnaire-9; EMM= estimated marginal mean, pre-treatment= questionnaires administered pre-lesson 1; post-treatment= questionnaires administered pre-lesson 6, \*\*\* *p*< .001.